

Arturo and the Bienvenido Feast

by Anne Broyles • illustrated by KE Lewis
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An Activity and Discussion Guide

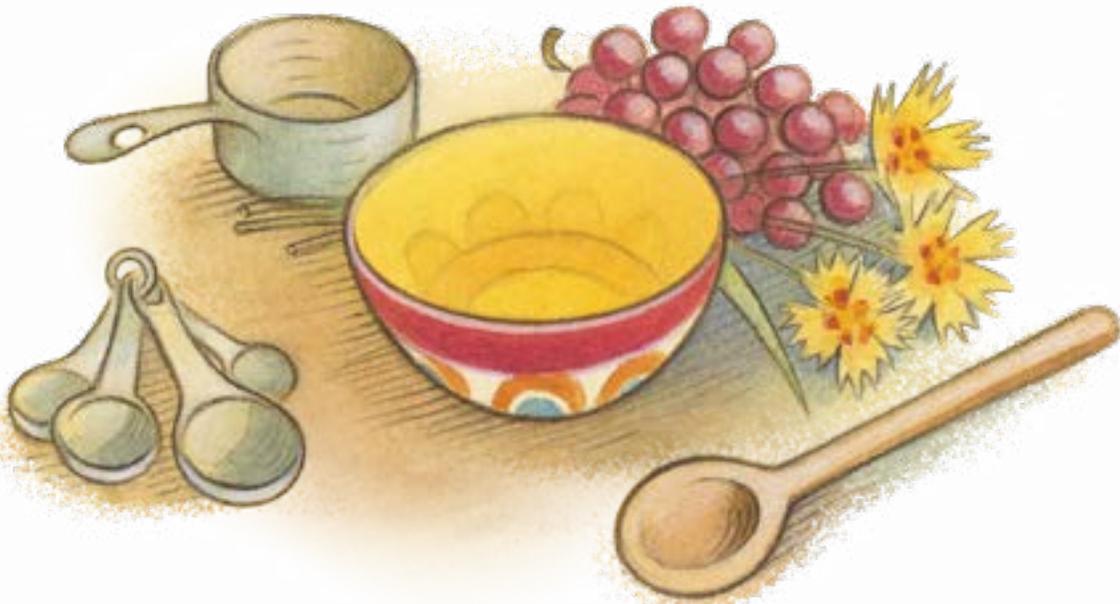
Developed by Anne Broyles and KE Lewis

SUMMARY

Arturo and Abue Rosa are making a welcome dinner for Tía Ines' new fiancé. Together, they create a menu that includes favorite foods. When Abue Rosa gets a headache, Arturo takes over the meal preparation and creates a welcome feast like no other.

BEFORE READING

- Ask students to look at the book's cover. From the picture and title, have them guess what this story is about. Do the cover art and title evoke any questions? Next, look at the title page. Do its illustrations confirm what you guessed the story is about?
- Why do you think the author used the word "feast" in the title instead of "meal" or "dinner?"
- If you were going to make a special meal, what would you fix? Besides food, what else might you do to mark an important occasion?



AFTER READING

ARTURO'S EXPERIENCE

Helping Abue

- Do you think this is the first time Arturo and Abue have cooked together? What clues make you think this?
- Do they work well together?
- What is Arturo's first response to Abue's headache?
- How would you describe Arturo's efforts to make a meal by himself? Why didn't he wake up his grandmother to get her help?

YOUR OWN EXPERIENCE

- Look at the back cover. Where are Arturo and Abue, and what are they doing? Do you ever go grocery shopping with family members? What is your favorite section of the store? Why?
- What are Arturo's and Tía Inés favorite foods? If you were going to make a menu of your favorite special foods, what would you include?
- Who do you like to cook with? Why? What are your favorite things to prepare?
- Does your family have a story about welcoming a new family member?
- Can you think of a time you helped someone in your family? How did that make you feel?
- What are some ways you could be helpful to people you love?
- Abue calls Arturo 'm'ijo.' Does anyone in your family have a special name for you?

MAKING INFERENCES FROM THE ILLUSTRATIONS

Study KE Lewis' artwork in Arturo and the Bienvenido Feast. Start counting from the title page as #1, with page 4 as where the words begin: "Arturo stole a glance."

- Back cover: What do you think Abue has in her basket?
- pp.4-7: What ingredients do you see Arturo and Abue using?
- pp.8-9: What do the pictures on the refrigerator and wall tell you about Arturo's family?
- pp.12-13: Looking at Abue's kitchen, can you guess some of her favorite things?
- What words describe the relationship the illustrations show between Arturo and his grandmother? Use specific pictures to back up your ideas.
- What clues in the pictures tell in what part of the world Abue Rosa might have been born?
- Where do you think the illustrator got ideas for all the things in Abue Rosa's house and garden?

MAKING INFERENCES FROM THE TEXT

- How might Arturo be feeling when he asks Abue, "Will Michael like us?"
- Why do you think the author used some Spanish words in the English text?
- What might the use of these words tell you about Abue Rosa?
- In which language(s) do you think Arturo feels most comfortable? Why?
- Why does Abue say, "Oh, no!" when Arturo wakes her?

LANGUAGE ARTS

- What words or phrases show us how Arturo is feeling?
- Look at Arturo's facial expressions and body language on each page, and choose an adjective that describes how he might be feeling in this picture. Try not to use the same word twice. Start counting from the title page as #1, with page 4 as where the words begin: "Arturo stole a glance."

p.4 _____

p.6 _____

p.9 _____

p.11 _____

p.12 _____

p.14 _____

p.17 _____

p.18 _____

p.19 _____

p.21 _____

p.22 _____

p.23 _____

p.24 _____

p.26 _____

p.27 _____

p.28 _____

- Write a poem as if you were Arturo describing his process of preparing the bienvenido feast for Tia Ines and Michael.
- Create an acrostic poem by using the first letters of the words "Bienvenido" and "Feast."

SPANISH VOCABULARY

Arturo and Abue Rosa both speak English and Spanish. Can you guess what the Spanish words listed below mean? Some words may be similar to English words. Others you may have heard before. Illustrations or how words are used in a sentence may also give clues.

Start counting from the title page as #1, with page 4 as where the words begin: "Arturo stole a glance."

WORDS

<i>Boca</i> (p.4)	<i>Ensalada</i> (p.15)
<i>Frijoles</i> (p.7)	<i>Lista</i> (p.15)
<i>Circulos</i> (p.7)	<i>Cabeza</i> (p.17)
<i>Futuro</i> (p.8)	<i>Arcoíris</i> (p.18)
<i>Bienvenido</i> (p.8)	<i>Plato</i> (p. 20)
<i>Papel</i> (p.10)	<i>Chocolate</i> (p.22)
<i>Marcadores</i> (p.10)	<i>Azúcar</i> (p.25)
<i>Menu</i> (p.10)	<i>Abrazos</i> (p.27)
<i>Fritos</i> (p.10)	<i>Besos</i> (p.27)
<i>Ensalada</i> (p.15)	<i>Familia</i> (p. 29)
<i>Pollo</i> (p. 15)	

<i>Ensalada</i> =salad	<i>Boca</i> = mouth
<i>Lista</i> =list	<i>Frijoles</i> =beans
<i>Cabeza</i> =head	<i>Circulos</i> =circles
<i>Arcoiris</i> =rainbow	<i>Futuro</i> =future
<i>Plato</i> =plate	<i>Bienvenido</i> =welcome
<i>Chocolate</i> =chocolate	<i>Papel</i> =paper
<i>Azucar</i> =sugar	<i>Marcadores</i> = markers
<i>Abrazos</i> =hugs	<i>Menu</i> =menu
<i>Besos</i> =kisses	<i>Fritos</i> =fries
<i>Familia</i> =family	<i>Pollo</i> =chicken

WHAT EACH WORD MEANS

Using Your New Spanish Words

If company came to your house, what you say to welcome them? _____.

When you see someone you love, you might give them _____ or _____.

Before you order at a restaurant, you look at the _____.

Arturo's favorite food is _____ -almond cake.

Tia Ines loves to eat *platanos* _____.

Arturo uses _____ and _____ to make placemats.

After a rainstorm, there is often a _____.

_____ is often made with lettuce and mixed greens.

Every _____ is different, with some combination of mothers, fathers, brothers, sisters, and other relatives.

Triangles, rectangles and _____ are shapes.

What happened before is past. What happens today is the present. What will happen tomorrow is the _____.

GEOGRAPHY

• Draw a map of the countries in Central America: Guatemala, Belize, El Salvador, Honduras, Nicaragua, Costa Rica, Panama. Add Mexico (which is actually in North America but shares language and some culture and history with Central American countries).

• Give eight volunteers signs with the names of Central American countries (above). See how fast they can arrange themselves in the correct order, north to south.

• Or, test yourself: name each country's location from north to south.

• Add the capital of each Central American country. Can you memorize the capitals?

• In pairs or groups, research one Central American nation. Pairs or groups can then present what they've learned about history, topography, culture and modern-day life.

• If you can take a field trip to your local grocery store, make a map of the aisles. What foods are where? Can you figure out a logic or system to how the foods are placed?

SOCIAL STUDIES

• Take a poll of classmates and/or friends, asking which family favorite foods reflect the family's geographic or ethnic origin. On a world map, mark which countries or regions are represented. If possible, share some of these foods with each other.

• Brainstorm a list of everyday foods eaten in your country and those foods' origin. For example, burritos came from Mexico and Italy is known for pasta. Discuss how some foods that originally came with immigrants from other countries came to be eaten by people who are not from those places.

• Watch one of these videos to learn about where fruits and vegetables come from:

https://www.youtube.com/watch?v=LYCP8IP_kQo

https://www.youtube.com/watch?v=VtiaO3b_RiI

https://www.youtube.com/watch?v=_8RhpqIWkU

<https://www.youtube.com/watch?v=CdPRZ3wjCxA>

• In how many countries is Spanish the official language?

(Argentina, Bolivia, Chile, Colombia, Costa Rica, Cuba, Dominican Republic, Ecuador, El Salvador, Equatorial Guinea, Guatemala, Honduras, Mexico, Nicaragua, Panama, Paraguay, Peru, Spain, Uruguay, and Venezuela. Also, Puerto Rico.)

• How many Spanish words do you know? Is Spanish spoken in your home?

• How does Arturo prepare the table for a special meal? Does your family do anything different for holiday meals or guests?

• Research the difference between a "formal table setting" and an "informal table setting."

MATHEMATICS

MEASUREMENTS: You'll need measuring cups of various sizes, plus water and rice.

• How many *ounces* are in the following measurement cups: 1/8 cup, 1/4 cup, 1/2 cup, 1 cup, 4 cups?

• Fill a 1/4 cup measuring cup with rice. Pour that amount into a 4-ounce measuring cup, 8-ounce, 16-ounce, then a 32-ounce. What do you notice? How does the rice look different, depending on which cup it is in? Pour the rice back into the 1/4 cup measuring cup. Has the amount changed? If so, why?

• Repeat the experiment above with water. What do you notice about the water that seems different from the rice?

GRAPHS: How many spoons can you find in the illustrations? Knives? Forks? Cooking utensils? Bowls? Make a bar graph or pie graph of what you discover. (Check out <https://nces.ed.gov/nceskids/createagraph/> if you need help.)

RATIO: Add up the number of words in the English and Spanish stories. (The English version contains some Spanish words, but include them in the English total.) What is the ratio of the number of words it takes to tell the story in English compared to the number of words needed in Spanish?

This web site has lots of printable handouts on measuring and quantities: <http://www.nourishinteractive.com/nutrition-education-printables/category/85-cooking-measuring-activities-for-kids-preschool-elementary-students>

Older readers will find helpful explanations and exercises at <http://mathcentral.uregina.ca/beyond/articles/Cooking/Cooking1.html>

MUSIC

- Watch <https://www.youtube.com/watch?v=9946nLqRyZg>, sing along and follow the motions:

Hola. Hola. Ya estamos aquí. (Hello, hello, we're already here.)

Hola. Hola. Ya estás aquí. (Hello, hello, you're already here.)

Vamos a cantar, bailar y tocar música para ti. (We're going to sing, dance and play music.)

- Write a song or chant that Arturo and Abue Rosa might sing while cooking together.
- Make musical instruments from kitchen supplies:

- Shakers:

<http://www.letsplaykidsmusic.com/homemade-musical-instruments-shakers-maracas>

- Kazoos

<http://buggyandbuddy.com/exploring-sound-making-a-kazoo-science-invitation-saturday/>

- Rainsticks: <https://kinderart.com/art-lessons/multic/rainsticks/>

SCIENCE

- With an adult's help, cook rice in the microwave or on the stove. Write down how much rice and water you use. When the rice is cooked, how have your measurements changed? Why?
- Here are some fun science experiments about cooking:
<http://mentalfloss.com/article/56625/10-science-experiments-you-can-eat-your-kids>

- Brainstorm a list of kitchen rules and safety considerations. Discuss why these rules are important. How did Arturo follow your rules? (*He divided plantains with his hands instead of using a sharp knife; he did not fry the plantains or turn on the oven to bake the cake; he didn't climb on counters or try to get into tall cupboards.*)

KINESTHETIC LEARNING

- In pairs, mime or act out the story of Arturo and the Bienvenido Feast.
- Learn how to fold napkins in different shapes at <https://www.brightsettings.com/napkin-folding.html>.
- Sing the Spanish version of "Head, Shoulders, Knees and Toes." Do the motions faster and faster.

*Cabeza, hombros, rodillas y pies, rodillas y pies
Cabeza, hombros, rodillas y pies, rodillas y pies
Ojos, orejas, boca y nariz
Cabeza, hombros, rodillas y pies, rodillas y pies*

- Prepare a simple meal together. You can use the recipe for *pupusas* and *curtido* at the back of the book or make other foods you enjoy.
- In groups of three, one person serves as "sculptor," placing others in positions that illustrate a scene from the book.

ARTISTIC EXPRESSION

- How would you describe the color palette used in this book? Why do you think the illustrator chose this color palette?
- Color the coloring sheet using only 4 colors. Which four colors will you choose? Can you combine or layer them to make new colors?
- Prepare a chart of each step of how to make *pupusas* and *curtido*, using the recipes in the back of the book.
- With construction paper and markers or crayons, make placemats for each person in your family. You can cover the front and back with Contact Paper to help them last longer.

